



# Learn To Teach Children's Yoga

## FEBRUARY 17 & 18, 2024

**Saturday, 2/17: 11 am - 7:30 pm | Sunday, 2/18: 10 am - 6:30 pm**

### Children's Yoga Foundations

RCY is an innovative 30-hour training program designed for teachers, coaches, therapists, healthcare professionals, parents, caregivers, and everyone who wishes to rediscover the child within and share the benefits of yoga and mindfulness with children.

Develop life-long strategies for healthier, happier living.

This course is all you need to start teaching children's yoga immediately!

#### What You'll Get:

- Yoga for infants to teens
- Yoga stories, games, songs
- Social-emotional development
- Meditation, mindfulness, and breath practice for self-calming and empowerment for children of all ages and abilities, including neurodiverse youth
- Class management strategies
- Lesson planning and practice teaching

**Cost: \$795**

**Early Bird Savings by January 17th: \$595**

**Maryland Teachers receive two MSDE CEUs.  
Yoga Teachers receive 30 CEUs with Yoga Alliance.**

**Training held at Razz Yoga in Baltimore County:  
3432 Sweet Air Road, Phoenix, MD 21131**



This course includes NEW on-demand training modules for self-paced pre-course learning and supplemental training resources to enhance the in-person learning experience.

All material costs are included in the tuition; including a tote bag containing a 90-page manual, children's yoga books, a yoga and meditation workbook, and five digital CDs and a DVD. Retail value = \$275!

### YOUR TRAINERS:

LISA DANAHY  
C-IAYT, E-RYT 500, YACEP,  
MS YOGA THERAPY

BRIDGET STRAMA  
B.S., M.A.,  
E-RYT 500, YACEP



**REGISTRATION: [RAZZYOGA.COM/RADIANT-CHILD](http://RAZZYOGA.COM/RADIANT-CHILD)**

3432 Sweet Air Road • Phoenix, MD 21131 • 443-613-4600 • [www.razzyoga.com](http://www.razzyoga.com)

